

DON'T TELL MY SISTERS

July 23 beauty challenge
Hydration

2L water/day from morning to evening



1

2

3

4

5

Skin:
Hair:
Mood:

6

7

8

9

10

Skin:
Hair:
Mood:

11

12

13

14

15

Skin:
Hair:
Mood:

16

17

18

19

20

Skin:
Hair:
Mood:

21

22

23

24

25

Skin:
Hair:
Mood:

26

27

28

29

30

Skin:
Hair:
Mood:

good skin | good hair | good mood