



DON'T tell  
MY SISTERS

# BEAUTY CHALLENGE

1 month  
2 fruits everyday

Skin:  
Hair:  
Mood:

Skin:  
Hair:  
Mood:

Skin:  
Hair:  
Mood:

Skin:  
Hair:  
Mood:

Skin:  
Hair:  
Mood:

Skin:  
Hair:  
Mood:

good skin | good hair | good mood  
[www.donttellsisters.com](http://www.donttellsisters.com)