

DON'T TELL MY SISTERS

LESS SUGAR CHALLENGE

BEFORE

SKIN

HAIR

MOOD

AFTER

SKIN

HAIR

MOOD

1	2	3	4	5
6	7	8	9	10
11	12	13	14	15
16	17	18	19	20
21	22	23	24	25
26	27	28	29	30

good skin | good hair | good mood

www.donttellmysisters.com

Tous droits réservés DONT TELL MY SISTERS

Copies, reproductions pour usage commercial ou collectif interdites